



# Cougar News

October 2014

**Columbia Middle School • 17600 East Columbia Avenue • Aurora, Colorado 80013**

Steve Hamilton, Principal  
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DeLisha Boyd, Dean of Students

Phone: 303-690-6570  
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## Principal's Message

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Columbia Community,

Celebrations are a part of our community success and we are thrilled to see the large number of students (see insert) who qualified for our first Cougar Lunch! We celebrated with hundreds of students, added in ice cream for all of them and topped off our special, random drawing of twelve gift cards for six boys and six girls. What is Cougar Lunch? Students who have earned ALL 3's and 4's on their grade reports are recognized for the exceptional effort and work habits during each grading window. It is critical to recognize how students "work" for their grades to support the value of a good education.

Another celebration, coming up at the end of the quarter, is our Honors Breakfast for students and their parents. Students who have obtained both 3's and 4's on work habits and Proficient or Advanced grades on their quarterly report card are eligible. Again, placing value on a strong education through student success is critical to student engagement. You can support this success through providing regular time at home for students to talk with family about what they are learning and parents placing an emphasis on how a strong education gives students choice in their future.

Our kids are not just students, they are social beings who are figuring out who they are, trying to navigate this critical age developmentally and find their footing for tomorrow's adventures. This time is critical for students to feel connected and engaged in their school and community. Taking the time to have your son/daughter participate in activities here at Columbia is important to making connections. Students are attending Over Time, clubs, the school play rehearsals, sports, etc.

Throughout their learning, they will have successes and they will have struggles. It is important that we communicate clearly together about the needs and developmental steps of each child and recognize upfront that as students make daily decisions they will also make mistakes. We have many supports in place to help students work through their challenging moments and as adults (parents and staff) it is critical that we model effective problem solving. It is also important to acknowledge as the adults (parents and staff) working with our 800 student community that we too will make mistakes and will need to communicate effectively with each other regularly.

Whether we are celebrating successes or problem solving struggles, let's show our student community how important it is to communicate, collaborate and problem solve together for their benefit! Enjoy this time and set the foundational values of education, work ethic and problem solving strongly into our learning community.

Steve Hamilton, Principal

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**Columbia's website address: <http://columbia.aurorak12.org/>**

# Mensaje del Director

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Comunidad de Columbia,

Las celebraciones son una parte del éxito comunitario y estamos emocionados de ver un ¡gran número! de estudiantes que calificaron (ver lista en este boletín) para la celebración de los “Cougars” durante el horario del almuerzo. Celebramos con cientos de estudiantes, distribuímos nieve y todos tuvieron la oportunidad de participar en la rifa de doce tarjetas de regalo, seis niños y seis niñas. ¿Qué es la celebración de los “Cougars” durante el horario del almuerzo? Los estudiantes quienes solamente recibieron 3 y 4 como calificación de hábitos de trabajo en sus boletas de calificaciones son reconocidos por su esfuerzo excepcional y sus hábitos de trabajo en cada periodo de calificaciones. Es fundamental reconocer como los estudiantes trabajan para esas calificaciones y apoyar el valor de una buena educación.

Otra celebración por llegar al final de este primer trimestre es nuestro desayuno de honores (“Honors Breakfast”) para estudiantes y sus padres. Los estudiantes que recibieron 3 o 4 como hábitos de trabajo y calificaciones P o A (“Proficient” y “Advanced”), las cuales muestran su nivel de competencia en la boleta de calificaciones cada trimestre, son elegibles. Una vez más, el poner valor a una educación solida por medio del éxito estudiantil es crítico para la dedicación al estudio. Usted puede apoyar este éxito por medio de proveer un horario regular en casa para que los estudiantes hablen con la familia sobre lo que están aprendiendo y que los padres de familia pongan énfasis en cómo una educación firme da a los estudiantes opciones para su futuro.

Nuestros niños no son solamente estudiantes, son seres sociales quienes están figurando quienes son, tratando de navegar esta edad importante para el desarrollo y encontrar su estabilidad para las aventuras del mañana. Este tiempo crucial para que los estudiantes se sientan conectados y dedicados a su escuela y su comunidad. El tomar tiempo para que sus hijos participen en actividades aquí en Columbia es importante para hacer conexiones. Los alumnos actualmente asisten a “OverTime”, ensayos para la obra de teatro escolar, deportes, etc.

A lo largo de su aprendizaje, ellos tendrán éxitos y algunas batallas. Es importante que nos comuniquemos juntos claramente sobre las necesidades y los pasos de desarrollo de cada niño/a y que reconozcan por adelante que cuando los estudiantes toman decisiones a diario, ellos también cometerán errores. Tenemos mucho apoyo en pie para ayudar a los estudiantes a pasar por esos momentos difíciles y como adultos (padres de familia y personal docente) es crucial que nosotros modelemos como resolver problemas efectivamente. Es también importante que reconozcamos que nosotros los adultos quienes trabajamos con una comunidad de 800 estudiantes, también nosotros cometemos errores y que necesitamos comunicarnos uno con otro efectivamente y regularmente.

Ya sea que celebremos éxitos o el resolver las batallas o problemas, enseñemos a nuestra comunidad estudiantil que tan importante es el comunicar, colaborar y resolver problemas juntos para ¡su beneficio! Disfruten de este tiempo y establezcan fuertemente los valores fundamentales de la educación, la ética de trabajo y la resolución de problemas en nuestra comunidad de aprendizaje.

Steve Hamilton, Director

**SI USTED NECESITA INFORMACIÓN SOBRE CUALQUIER ARTÍCULO EN ESTE BOLETÍN, POR FAVOR COMUNÍQUESE CON MITZI TORRES AL NÚMERO 303-690-6570**

# Important Dates Coming Up...

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- Oct. 9 Last Day of 1st Quarter
- Oct. 10 Teacher Workday – NO SCHOOL
- Oct. 16 PTSO Meeting, 6:00pm
- Oct. 23 Annual McTeacher Night, 5-8pm, McDonald's at Iliff and Buckley
- Oct. 27-31 FALL BREAK
- Nov. 13 “A Night of Art & Literacy” at Barnes and Noble, 4-8PM
- Nov. 19 Progress Reports will be sent home with students
- Nov. 19-20 Fall Musical Presentation: “Camp Twilight”, 7:00pm
- Nov. 20 PTSO Meeting, 6:00PM, Staff Lounge
- Nov. 26 Parent Conference Exchange Day (No School)
- Nov. 27-28 THANKSGIVING BREAK – NO SCHOOL

## PTSO

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PTSO is an organization meant to bring school and family closer together to achieve common goals like educating our children. Develop a secure environment for every student to achieve at the highest levels. Promote effective communication between the community and the school's activities. Provide better understanding between, parents, teachers, students, and school staff. Don't forget our media center will be open after school to help students.

We finalized our Fall Fundraiser. Approximately 25% of the school participated and we now have limited funding for budgeted many of the events CMS plans for all of our students. We will be discussing our budget at the next PTSO meeting.

As parents, students and staff you are already member of Columbia Middle Schools PTSO. All you have to do is join the meetings everyone is welcome. The meetings are held the first Thursday of each month at 6:00 pm; just come to the office entrance at Columbia Middle School and join in on the FUN.

The next meeting is October 16th, 2014.



# Important Numbers

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Attendance Line: 303-326-1651 (24 hours)  
Cafeteria: 303-326-1151  
Counseling Office: 303-326-1897 (Direct Line)  
Columbia's Website: [columbia.aurorak12.org](http://columbia.aurorak12.org)

Main Office Phone: 303-690-6570  
Main Office Fax: 303-326-1251  
Counseling Fax: 303-326-1898

## Office Hours

Monday, Tuesday, Thursday, Friday: 8:00 AM – 4:30 PM  
Wednesday: 9:30 AM - 4:30 PM

Student Hours: Monday, Tuesday, Thursday and Friday

1st Bell – 8:20 AM  
2nd Bell – 8:30 AM (Seated in first period classes)  
Last Bell – 3:57 PM (Students dismissed for the day)  
Campus Cleared – 4:07 PM

Student Hours: Every Wednesday is a Late Start Day

1st Bell – 9:50 AM  
2nd Bell – 10:00 AM (Seated in first period classes)  
Last Bell – 3:57 PM (Students dismissed for the day)  
Campus Cleared – 4:07 PM

Breakfast is served from 8:00 – 8:15 – Except on Wednesdays.

Students must come in through the cafeteria doors, on the east entrance of the building.

Remember: NO breakfast on Wednesday.

# Good Attendance is Important!

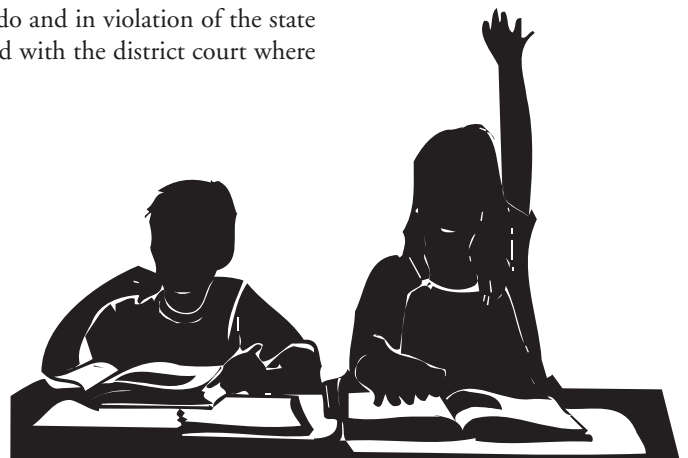
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Absences affect both academic performance and the overall success of students. Both excused and unexcused absences are detrimental to the learning process. Class discussions, lab work, interactions with classmates and teachers cannot be replicated by doing make up work. Regular attendance helps our students develop habits that are essential for school and beyond.

If your student is absent from school due to illness or an appointment, please be sure to call Columbia's attendance line at 303-326-1651 to report your student's absence. This line is open 24 hours and you may leave messages in English or Spanish. Please try to schedule appointments outside of school hours in cases of excessive excused absences, a student may be required by the principal to provide documentation for all future excused absences.

In the event of unexcused absences, Columbia follows district truancy procedures. Any student who accumulates 3 or more unexcused absences is considered truant and is flagged as such in our district database. At this time, the truancy process begins. You will receive a letter detailing the absences with an explanation of the truancy process. The student's attendance will then be closely monitored. If attendance does not improve a meeting will be required at the school to develop an improvement plan. Interventions will become more intense if the student continues to be absent. Any student who misses 4 unexcused absences in a month or 10 unexcused in any school year are considered habitually truant by the state of Colorado and in violation of the state compulsory attendance laws. At this point a truancy petition may be filed with the district court where both students and parents are held responsible for truancy.

Attendance is a huge factor in student success in school, quite possibly the most important key to students achieving their educational goals. We, at Columbia, look forward to seeing your children here every day and watching them achieve to their full potential. Please contact any of us in the Student Support Center if you have questions or would like assistance with your student's attendance.



# Notes from the Nurse

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Fall is upon us! While we get ready for all the fun fall festivities, don't forget that with fall also comes Flu Season! Here are some tips and tricks to keep you and our Cougars well and ready to learn! Prevention is the best way to combat cold and flu bugs!

## Wash your hands!

Washing with warm water and soap for 10 seconds is one of the simplest and most effective ways to avoid catching a cold or the flu. Use antibacterial alcohol-based foams and gels when you don't have access to soap and water.

## Cover your coughs!

Cover your mouth and nose with a tissue or cough and sneeze into your elbow.

Avoid physical contact (including shaking hands) with people who are sick.

Germs are passed most commonly through the hands, and through rubbing the eyes, nose and mouth. Avoid touching your eyes, nose and mouth unless your hands are clean.

## Eat a well-balanced diet

It's essential to building a healthy immune system, and it provides the energy and nutrition needed for optimal growth and development.

## Get plenty of rest

Lack of sleep can lower the immune system's ability to react when faced with germs. The average human requires about 7-8 hours of sleep per night.

## Exercise!

It's great for overall health and will keep your immune system strong.

## Get the Flu shot!

The flu vaccination can keep you from getting sick from the flu. Protecting yourself from the flu also protects the people around you who are more vulnerable to serious flu illness. Below you'll find some common flu shot myths and facts!

**\*\*Common flu shot myth debunked!** The flu shot will not give you the flu. The vaccine is made with a "killed" strain of the virus making it impossible for it to cause infection.

Please stay home from work or keep your child home from school if too ill to participate in daily activities or have a fever over 100F degrees.

Wishing you health and happiness!

Nurse Tawni

# Introducing a New Program at Columbia Middle School

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Adolescents can be a challenging time-for some more than others. How do you know whether your child has the "adolescent blues" or if it's something more serious? The SOS program can help.

The goal of SOS is to help students identify signs of depression, self-injury, and suicide in themselves and others and to respond effectively. The main message of the program is ACT, Acknowledge, Care, Tell:

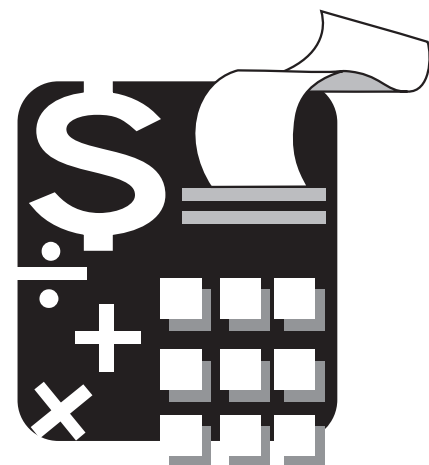
- ACKNOWLEDGE that you are seeing signs of depression, self-injury, or suicide in a friend and that it is serious
- Care-let your friend know that you care about him or her, and that you are concerned that he or she needs help you cannot provide
- Tell a trusted adult-take your friend with you or go alone if you need to.

Please talk to your child about the importance of recognizing when there is a problem and how you can help.

# Math Professional Learning Community (PLC) News

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In our Math Professional Learning Community (PLC), we have been researching the frameworks and standards at different grade levels. Each PLC team is building common assessments, analyzing student work, planning lessons and discussing instructional strategies. This work will help teachers plan opportunities for students so that they can apply their math understandings in a variety of ways.



# Art Corner

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## New Murals in progress!

Notice anything new in the Columbia commons? Mrs. Novy's 1st hour Visual Arts class has been working hard on the new mural that will become the backdrop for this year's fall musical, "Camp Twilight". The students in this class are in the 7th and 8th grade and designed, drew, and painted the mural. I want to thank all of the artists that worked on this mural!

## Room Makeovers

The deans have a new office space and Overtime has a new home that is also in desperate need of a makeover! Mrs. Novy's 3rd hour class of 7th and 8th graders is also taking on this project in order to personalize it and give it some flair! The designs painted in the new Dean's Corner and Overtime rooms were designed and painted by some very talented Columbia students. Thank you for all of your thoughtful planning and hard work!



## McTeacher Night

This fall's annual McTeacher Night will kick off on Thursday, October 23rd at 5pm! Be sure to 'huddle up' at the McDonald's at Buckley & Iliff that evening in order to raise money for Columbia. We will receive 20% of the evening's purchases between 5-8pm and this time, we have a lot of fun football-themed giveaways for our students. Help us score another touchdown on our annual McTeacher Night. Don't fumble, we hope to see a lot of Columbia families and staff there that evening!

## Barnes & Noble, "A Night of Art & Literacy"

Save the date Columbia families, our annual Barnes and Noble book fair night is set for Thursday, November 13th. A night to view Columbia artwork, participate in some family-friendly activities, and start your holiday shopping while benefiting CMS! Stay tuned for more information in the next newsletter and on our CMS website. If you have any specific questions, please contact Mrs. Novy.

# Flu Vaccination

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"Flu season is just around the corner in Colorado! There is no way to predict in advance how severe flu activity will be so prevention is the best strategy to stay healthy. The single best way to avoid getting influenza is to get vaccinated each year. Annual influenza vaccination is recommended for all persons aged 6 months and older, who do not have a contraindication to the vaccine. Most health insurance companies (including Medicaid) cover the cost of getting a flu vaccine so families with health insurance can go to your in-network health care provider to receive a vaccine at no cost. Many pharmacies will bill your insurance and not charge a fee for flu vaccine (check with your local pharmacy). If you are uninsured, or your insurance won't cover vaccines, or you have Medicaid or Child Health Plan Plus (CHP+), you can call Tri-County Health Department at 303-451-0123 to be vaccinated in one of their clinics. You can also visit <http://flushot.healthmap.org/> to find flu shot clinics near you."



¡La temporada de gripe se aproxima en Colorado! No hay manera de predecir de antemano la actividad de la gripe y que tan grave será, así que la prevención es la mejor estrategia para mantenerse saludable. La mejor manera para evitar contraer la gripe es vacunarse cada año. La vacunación anual contra la gripe se recomienda para todas las personas de 6 meses de edad y mayores que no tengan una contraindicación a la vacuna. La mayoría de las compañías de seguros de salud (incluyendo Medicaid) cubren el costo de la vacuna contra la gripe, para que las familias con seguro médico puedan ir a su proveedor de salud dentro de la red, para recibir una vacuna sin costo alguno. Muchas farmacias le mandan la factura a su seguro y no cobran una cuota por poner la vacuna contra la gripe (verifique con su farmacia local). Si no tiene seguro médico, su seguro no cubre las vacunas, o usted tiene Medicaid o Child Health Plan Plus (CHP+), puede llamar al Tri-County Health Department al número telefónico 303-451-0123 para ser vacunado en una de sus clínicas. También puede visitar el sitio: <http://flushot.healthmap.org/> para encontrar clínicas de vacunación contra la gripe cerca de usted.

# Cougar Lunches Celebration!

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Congratulations to the following students who had all 3's and 4's for work habit scores on their recent progress reports. These students participated in Cougar Lunches on Friday, September 19, 2014 as a reward for their work.

## 6th Grade

Andre Abundis  
Ahtziri Arriaga Bolanos  
Sarah Aschenberg  
Colton Baker  
Elaina Barela  
Daniela Benavides  
Isabella Bonds  
Jacob Broderick  
Vincent Cafiero  
Naydelin Camarillo Chino  
Eliana Casias  
Summer Casias  
Glenda Chiang  
Meagan Christian  
Lois Coffron  
Miriam Cohoon  
Aleighcia Crews  
Karim Cruz  
Grace CurtisYaqueline Diaz  
Nelani Dickens  
David Dillon  
Andrew Ebert  
Rian Edwards  
Breann Fletcher  
Janet Flores  
Yenifer Flores  
Jonathan Flores  
Zamaria Garza  
K'Lynn Gayden  
Avery Gonzalez  
Lilly Goshorn  
Luis Grajeda  
Omar Granados  
Morgan Green  
Leonardo Hampton  
Grant Harshberger  
Lauren Homstad  
Alex Humphrey  
Malika Isaac  
Soloman Jameson  
Abriya Johnson  
Chloe Johnson  
Jessie Jones  
Mary Jones  
Elle Jordan  
Kymani Kelly  
Noah Kilborn  
Mersadies Klimek  
Jessica Kunges  
David Lecona  
Mercedes Lopez  
Adalia Lorenzen  
Evelyn Lozornio

Michelle Lugo  
Morris Madore  
Carl Manuel  
Jonathon Markline  
Yamiletzi Mayo Nava  
Dalys McGuinnis  
Jordan Mitchell  
Alexia Montalvo  
Addis Mulugeta  
Anissa Neese  
Gabriel Nofsinger  
Shannon Nolan  
John Norsen  
Mariana Ojeda  
Precious Oladoye  
Elizabeth Ortega  
Ethan Park  
Paolo Pena  
Mackenzie Penney  
Arianna Perez  
Devin Philio  
Selena Powell  
Kayla Pressley  
Pedro Ramirez  
Madysen Robb  
Hailey Roberts  
Mercedes Ryland-Winter  
Hana Serra  
Ivan Serrano  
Faina Shpiner  
Karisa Shumock-Kelly  
Danuel Smith  
Jordan Sounethonephom  
Reese Spradling  
Priscilla Tampubolon  
Alex Tapparo  
Johnathan Telles  
Kaleb Trimmer  
Ezekiel Trujillo  
Jacquelinne Trujillo  
Jennifer Vazquez  
Kassie Velazquez  
Lillian Villalba  
Andrea Villegas  
Tiffany Vo  
Lyla Wesson  
Nathan Wetzel  
Katheryn White  
Alexandra Wiegand  
Jalyn Williams  
Makenzee Winters

## 7th Grade

Marwa Ait Chafhi  
Salma Ait Chafhi  
Omar Al-Shaer  
Chance Alborg  
Jasmine Alvarado-Goshon  
Danielle Arellano  
Angela Ariunbat  
Denice Arreola  
Ryan Azuero  
Hailey Baker  
Christian Bales  
Olivia Barefield  
Madison Bartelmey  
Talisha Barton  
Harmonie Bearden  
Miguel Blas  
Elyse Bradney  
Ayana Brown  
Lilian Bustos  
Jaquan Caddy  
Christopher Cambonga  
Erica Carlos  
Diana Castro  
Areyelle Ceasar  
Andre' Cheeks  
Gage Colman  
Victoria Cordova  
David Correa-Salazar  
Isabelle Covington  
Joseph D'Angelo  
Paiton Dalton  
Isabelle Dantagnon  
Aliza Davis  
Hunter Davis  
Yovana De La Torre  
Jacob Despain  
Helen Do  
Veronika Dombayeva  
Kaydon Eierdam  
Maraya Espinoza  
Katherine Finell  
Jett Finley  
Ayla Fuentes  
Mario Garcia  
Sarae Gatewood  
Morgan Gauser  
Jeremy George  
Toli Geshow  
Rachel Gill  
Ariana Gomez  
Garrett Gordon  
Sofia Green  
Madison Griffin

Mahayla Griggs  
Alexis Hamilton-Glowan  
Lisset Haro  
Lyric Harris  
Citlaly Hernandez  
Jennifer Herrera  
T'Yonnii Hudgens  
Anasia Isaac  
Judith Isais Martinez  
Essence Ivory  
Cameron Johnson  
DaRon Jones  
Arlette Juarez  
Leila Kelly  
Alan Keys  
Alana Kinsey  
Alleana Knecht  
Mariah Kreimeyer  
Jennifer Lopez-Arteaga  
Eric Loui  
Carlos Lucero  
Victoria Lucero  
Kimberly Lugo  
Gloria Maboussou  
Keira Martin  
Gioni Martinez  
Luis Martinez  
Stephanie Martinez  
Aleksandra Mayotte  
SkylarMcAllister  
Amber McDanielAubree Miller  
Tyler Miller  
Kayden Mitchell  
Isaac Montes  
Arieel Montoya  
Elijah Montoya  
Triana Moreau  
Gabriel Miniz  
Alex Murillo  
Mya Newberry  
Tony Nguyen  
Hailey Niles  
Kyle Nolan  
Ashley Ortega  
Erica park  
Gloria Parra  
Chelsie Pavlik  
Sheila Perez Lopez  
Brianna Petersen  
Simeon Petrov  
Christopher Phillippi  
D'Angelo Phillips  
Abril Pinedo

# Cougar Lunches Celebration! (continued)

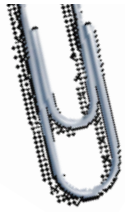
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## 7th Grade (continued)

Darin Plaster  
Shayden Polly  
Zamiah Pratt  
Esteban Prieto  
Nicole Quint|Jaime Ramirez  
Anna Razo  
Jeremiah Reed  
Caelyn Reese  
Brian Rosales  
Casey Rumambi  
Ali Salah  
Maxswell Satchell  
Savannah Schaefer  
Carissa Schmidt  
Sidney Serrano  
Lauren Sharp  
Precious Shuler  
Sophia Simaniuntak  
Elizaveta Skorohod  
Kyle Slaven  
Tiffany Smith  
Annalise Sommer  
Xavier Starks  
Landon Steinkamp  
Hailey Stilley  
Sophia Telles  
Callisandra Thompson  
Luis Torres  
Karely Valverde  
Maximo Vargas  
Kh'Miah Vaughns  
Tuffa Wako  
Isabelle Walder  
Erin Weaver  
Tre'Vion Weddington  
Jason Wesson  
Alexander Woldetatyos  
Bryan Xoy  
Erika Xoy  
Sullivan Zody

## 8th Grade

Roberto Alvarado  
Noah Barnett  
Natalie Bolivar  
Dawson Burch  
Angel Cano  
Kenneth Casias  
Jordan Clanton  
Naomi Cohoon  
Andrew Coleman  
Faith Conforti  
Yamil Corral  
Chloe Cubbison  
Kaitlyn Dees  
Mercy Dominguez  
Vivien Elliott  
Jade Elliott-Jefferson  
Clarissa Evans  
Shaunte Ford  
Jada Forte  
Caitlin Frazier  
Kyle Gampu  
Jerell Gomez  
Yarely Gonzalez  
Laura Good  
Aviance Grimes  
Malyah Hall  
Amana Hamid  
Sawyer Hansen  
Alexander Hardin  
Ashley Haro  
Kyra Harrell-Hansen  
Arianna Hernandez  
Austin Homstad  
Alaizha Hoyle  
Kimberly Iraheta  
Christopher Jimenez  
Jacqueline Jimenez  
Isabelle Johns  
Danae Johnson  
Kylar Johnson  
Raymond Johnson  
Epic Julian  
Tamie Kainde  
Christian Kowalczyk Skillern  
Max Lane  
Cole OaRochelle  
Janae Lawler  
Jazlyn Lemus  
Romaine Lewis  
Quincy London  
Jessica Lopez  
Ester Lujan Ordonez  
Megan Marshall  
Destinie Medina  
Abel Mesfin  
Akira Milton  
Behzod Mirpochoev  
Yakira Moore  
Robert Morris  
Maria Mubili  
Beimnet Mulugeta  
Joseph Munoz  
Kaylyn Murillo  
Zahla Neal Coleman  
Shelby Neumann  
China Noeun  
Noah Passmore  
Cyrus Perry  
Tyler Philipich  
Nicholas Provancal  
Oscar Rangel  
Valerie Reyes  
Jose Reyna  
Tallen Richards  
Jazmin Rocha  
Zaynah Salah  
Grecia Salazar  
Kyla Sanford  
Grayce Schettler  
Bryce Schneider  
CAden Schneider  
Hayem Serra  
Taylor Snoddy  
Kyzik Snowden  
Christopher Solis  
Maia Stewart  
Kendra Strauss  
Donovan Strouse  
Elijah Sutton  
Jasmine Tensun  
Isaiah Tovar  
Jordan Tow  
Karly Trimble  
Matthew Truong  
Jennifer Varela  
Kallie Velazquez  
Hannah Vo  
Krystal Vullo  
Bernell Walker  
Sade' Weaver  
Daniel Weston  
Katharina Wiegand  
Yessica Zamarripa  
Benjamin Zapien



## 8<sup>th</sup> Grade Baby Pictures

Do you want your friends to see how beautiful, sweet, adorable and cute you were as a baby?

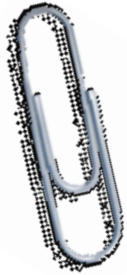
Then submit your baby picture (with this form)  
So it can be printed in the 2014-2015 yearbook at no cost.

Submit order forms with pictures into Mrs. Martinez or Mrs. Chamberlain.

Please include student's full name on the back of the baby picture.  
**ALL BABY PHOTOS MUST BE SUBMITTED BEFORE FEBRUARY 20<sup>TH</sup>.**

Students Name: \_\_\_\_\_

Parents Name: \_\_\_\_\_



## Fotos de Estudiantes en 8<sup>vo</sup> Grado como Bebés

¿Quieres que tus amigos vean que tan bonito, dulce, adorable y hermoso eras cuando eras un bebé?

Entonces somete tu foto de cuando eras bebé (junto con esta forma)  
para nosotros imprimirla en el anuario del 2014-2015 sin costo alguno.

Someter esta forma con la foto a la Sra. Martinez o la Sra. Chamberlain.

Por favor escriban el nombre completo del estudiante en la parte de atrás de la foto.

**TODAS LAS FOTOS DEBEN DE SER RECIBIDAS ANTES DEL 20 DE FEBRERO.**

Nombre del estudiante: \_\_\_\_\_

Nombre del/a padre/madre: \_\_\_\_\_



**COLUMBIA MIDDLE SCHOOL  
STAFF VOICEMAIL AND EMAIL 2014-2015**


MAIN OFFICE			
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			Revised 9/16/14

# MIDDLE SCHOOL BREAKFAST AND LUNCH MENU OCTOBER 2014

MENU MAY CHANGE WITHOUT NOTICE/MENU PUEDE CAMBIAR SIN AVISO PREVIO



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>6</b></p> <p><b>Breakfast</b> Waffles "Waffles" <b>Lunch</b> Spicy Chicken Sandwich, Supreme Pizza or Cheese Pizza Sándwich de pollo picante Pizza suprema O Pizza de queso</p>	<p><b>7</b></p> <p><b>Breakfast</b> Cinnamon Puff Cinn Puff <b>Lunch</b> Hot Ham and Cheese Sandwich, Spaghetti w/Mt Sauce Sándwich caliente, de jamón y queso, Espaguetis con salsa de carne</p>	<p><b>1</b></p> <p><b>No Breakfast</b>  <b>Lunch</b> Hot Ham and Cheese Sandwich, Chicken Soft Tacos Sándwich caliente, de jamón y queso, Taco de pollo, con tortilla blanda</p>	<p><b>2</b></p> <p><b>Breakfast</b> Cereal Cereal Muffin or Bread Mollete o pan <b>Lunch</b> Hamburger, Orange Chicken Hamburguesa Pollo con naranja</p>	<p><b>3</b></p> <p><b>Breakfast</b> French Toast Pan tostado al estilo francés <b>Lunch</b> Mexican Combo Cheese Sticks w/ Marinara Sauce Combinación mexicana Palitos de queso, con salsa de tomate estilo "marinara"</p>
<p><b>13</b></p> <p><b>Breakfast</b> Ultimate Breakfast Round "Ultimate Breakfast Round" <b>Lunch</b> Ham &amp; Pineapple or Cheese Pizza Spicy Chicken Sandwich, Pizza de jamón y pifa, Pizza de queso Sándwich de pollo Sándwich de pollo picante</p>	<p><b>14</b></p> <p><b>Breakfast</b> Pancake Pancake <b>Lunch</b> Chicken Soft Tacos Philly Cheese Steak Sandwich Taco de pollo, con tortilla blanda Sándwich de queso y bistic, al estilo "Philly"</p>	<p><b>8</b></p> <p><b>No Breakfast</b>  <b>Lunch</b> Pocket Burger, Chicken Quesadilla Hamburguesa pequeña Quesadilla con pollo</p>	<p><b>9</b></p> <p><b>Breakfast</b> Cereal Cereal Muffin or Bread Mollete o pan <b>Lunch</b> BBQ Chicken Meatball Sub Pollo con salsa dulce, al estilo barbaoca Sándwich de albóndigas</p>	<p><b>10</b></p> <p><i>No School Teacher Workday</i></p>
<p><b>20</b></p> <p><b>Breakfast</b> Mini Loaf &amp; Cereal Mini pan y cereal <b>Lunch</b> Mexican Combo Chicken Fajita Pizza, Pepperoni Pizza Combinación mexicana Pizza de fajita de pollo Pizza de pepperoni</p>	<p><b>21</b></p> <p><b>Breakfast</b> French Toast Pan tostado al estilo francés <b>Lunch</b> Chili and Cinnamon Roll Stromboli Chile y el rollo de canela "stromboli"</p>	<p><b>22</b></p> <p><b>No Breakfast</b>  <b>Lunch</b> Chicken Tenders Pig in a Blanket Trocitos de pollo "Pig in a Blanket"</p>	<p><b>23</b></p> <p><b>Breakfast</b> Granola and yogurt w/ mini loaf Yogur con granola y pan <b>Lunch</b> Teriyaki Chicken Sloppy Joes Pollo con salsa "teriyaki" Sándwich "Sloppy Joes</p>	<p><b>24</b></p> <p><b>Breakfast</b> Bagel &amp; Cream Cheese Pan tipo "bagel", con queso crema <b>Lunch</b> Hot Ham and Cheese Sandwich Super Nachos Sándwich caliente, de jamón y queso Super Nachos</p>
<p><b>27</b></p>	<p><b>28</b></p>	<p><b>29</b></p>	<p><b>30</b></p>	<p><b>31</b></p> 
<p><b>Fall Break October 27-31</b></p>				

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**Daily Breakfast and Lunch Selections:** Milk Variety; Skim and 1%. Variety of fresh fruit or 100% fruit juice. A variety of cereal & bread or protein item are offered daily Variety of fresh, canned, & frozen produce  
**Selección diaria de desayunos y almuerzos.** Se ofrece una variedad de leche: descremada y con el 1%. Una variedad de fruta fresca o jugo 100% de fruta. Una variedad de cereal y pan o un elemento que contenga proteína, diariamente. Una variedad de productos frescos, enlatados y congelados.

\* Contains Pork/Contiene carne de cerdo